



LAW 2 — MEETING 2

The Law of Awareness

You Must Know Yourself To Grow Yourself

I. Do You Have A Sense Of _____ ?

A. To grow yourself, you must know the following:

1. _____
2. _____
3. _____
4. _____

**A. To reach your full potential, you MUST know _____,
and where _____.**

II. There are three kinds of people when it comes to finding direction:

A. People who _____ what they would like to do.

They are confused.

B. People who _____ what they want to do, but _____.

They are frustrated.

C. People who know what they want to do, and do it.

These people are fulfilled.

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III. How To Find Your Passion and Purpose

A. Discuss the need for personal “_____.”

1. What does it mean to be personally aware?

B. Do you like what you are _____?

C. What would you _____?

D. Can you _____ what you would like to do?

E. Do you know _____ you want to do what you would like to do?

F. Do you know what to do so you can do what you want to do?

1. _____ – Becoming very conscious of every choice you make.
2. _____ – The major difference between those who do it and those who don't do it, is those who do it, do it.
3. _____ – This can be shared accountability with a friend or coach, or personal accountability.
4. _____ – Who are the people you are attracting? Are they like-minded in success?

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G. Do you know _____ who do what you'd like to do?

This is the question of mentors and coaches – do you have one or more?

1. _____ – if you have to, pay people for their time and advise.
2. _____ – Meet regularly with someone who can help you.
3. _____ – Learn from people even if you can't meet them.
4. _____ – Prepare for every interaction: don't wing it!
5. _____ – Reflect on each encounter and discover what you are learning.
6. _____ – ALWAYS show appreciation for what you are learning from others.

H. _____ you do what you would like to do with them?

If you find a mentor, you have some responsibilities to this relationship:

1. Possess a teachable spirit
2. Always be prepared
3. Ask questions
4. Demonstrate learning from them
5. Be accountable

If you are a mentor, you should focus your teaching on the following areas:

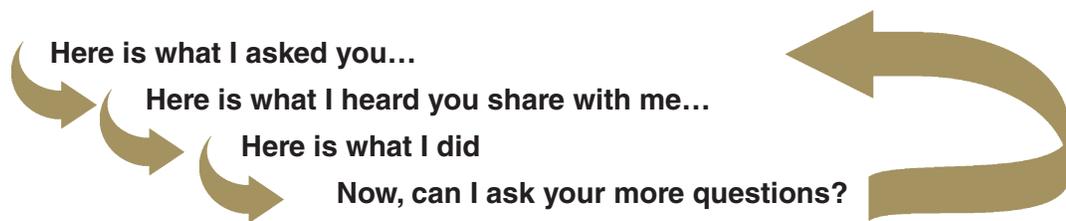
1. Strengths
2. Temperament
3. Track Record
4. Passion

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5. Choices
6. Advice
7. Support and resources
8. Feedback
9. Encouragement

In the mentoring relationship, it is important for the mentee to explore his/her own learning by observing this process:



The goal is to find a mentoring relationship that is mutually beneficial.

I. Will you _____ to do what you want to do?

J. When can you _____ what you'd like to do?

K. What will it _____ when you get to do what you want to do?



OVERCOME GROWING PAINS

(Specific Steps to Amazing Growth)

Spend a significant amount of time and answer these questions for your own life:

- **What would you like to do?**
- **What talents, skills and opportunities do you possess that support your desire to do it?**
- **What are your motives for wanting to do it?**
- **What steps must you take (beginning today) to start doing what you want to do?**
 - Awareness
 - Action
 - Accountability
- **What advice can you get along the way?**
- **What price are you willing to pay?**
- **What will it cost in time?**
- **Resources?**
- **Sacrifices?**
- **Where do you most need to grow?**

Start with strengths and the future more than weaknesses and the past.

Read the next chapter this week – *The Law of The Mirror*